# Mission

The Epilepsy Foundation Eastern Pennsylvania's mission is to lead the fight to stop seizures, find a cure and overcome challenges created by epilepsy. We choose to fulfill that mission by meeting the non-medical needs for people affected by epilepsy/seizure disorder, to enhance their lives and build supportive communities.

# **Epilepsy Foundation** Eastern Pennsylvania

(215) 629-5003 or (800) 887-7165

General Information,	x100
Education Coordinator	x102
Adult Resources	x103
Lancaster Resources & Services	x104
Special Events & Fundraisingx10	<mark>06 a</mark> nd x107
Executive Director	x105
Wyoming Valley Resources & Services ,	x108
or (570	)) 592-1150
Lehigh Valley Resources & Services	x109
or (610	)) 737-0613
Special Projects Coordinator	x110

Visit our NEW website at www.efepa.org

The Foundation is not affiliated with any hospital in its services area. Presenters are chosen by their expertise of the subject matter. The Foundation is not funded by the pharmaceutical industry and is an independently incorporated affiliate of the Epilepsy Foundation National Office, Landover, MD, (800) 332-1000. A copy of the official registration and financial information may be obtained from the PA Department of State by calling toll free (800) 732-0999. Registration does not imply endorsement.



919 Walnut Street, Suite 700 Philadelphia, PA 19107-

Information Exchange Epilepsy Education

"Taking Control



# **EPILEPSY FOUNDATION®**

**EASTERN PENNSYLVANIA** 

Not another moment lost to seizures™

# **Epilepsy Education &** Information Exchange

"Taking Control"



Saturday, November 12, 2011

**Ace Conference Center** 

309 Manor Road Lafayette Hill, PA 19444

Sponsored by an educational grant from



# **AGENDA**

Saturday, November 12, 2011 EPILEPSY EDUCATION & INFORMATION EXCHANGE

# "Taking Control"

REGISTRATION WILL OPEN AT 8:30 AM

Continental Breakfast and Vendor Exhibits

9:15 am-9:30 am

Welcome & Introduction

Allison McCartin, Executive Director, EFEPA

9:30 am-10:30 am

Keynote: "Building a Healthy Relationship with Your Physician

Expectations of Treatment"

Christopher Skidmore, MD, Jefferson Comprehensive Epilepsy Center, Thomas Jefferson University Hospital

Doctors cannot always predict when medications will work. When to call and when not to call your doctor; what your doctors need to know from you; and learn what questions should be asked.

10:30-10:40 BREAK

#### SESSION 1 10:45 am-11:45 am

All sessions will include a 50 minute presentation followed by 10 minute question and answer period.

#### **WORKSHOP A**

# **Epilepsy Basics**

Peter Crino, MD, Penn Epilepsy Center, Hospital of the University of Pennsylvania What happens after being diagnosed with epilepsy / seizure disorder? EEG, MRI, PET Scan... What are these tests, and when are they used? When should you see an epileptologist? Why do doctors have varying opinions on how to treat?

#### **WORKSHOP B**

# Anxiety and Epilepsy; Adults and Children

Kami Marchese, PsyD, Neuropsychology Assessment Center, Widener University
Why do so many people with epilepsy / seizure disorder have anxiety, and what is it? Is anxiety the same in children as it is in adults? How is it treated?

# **WORKSHOP C**

Phone:

#### Clinical Research and Trials

Michael R. Sperling, MD, Jefferson Comprehensive Epilepsy Center, Thomas Jefferson University Hospital

What are clinical trials and where to find them? How safe are they? Are they right for you?

Fax:

#### **WORKSHOP D**

#### Impact of Epilepsy on the Family and Caregiver

Dennis Dlugos, MD, Regional Pediatric Epilepsy Center, Children's Hospital of Philadelphia How does the family's/caregiver's coping with an epilepsy diagnosis affect the individual? Can a positive attitude change a prognosis?

#### **WORKSHOP E**

## Employment Discrimination / ADA

Michael Durst, Esq., Representing injured and disabled persons since 1978. What is the ADA and how does it protect the person with epilepsy? Explore when, how and why to tell an employer about epilepsy/seizure disorder.

## SESSION 2 11:50 am-12:50 pm

#### **WORKSHOP E**

## **Understanding SSI**

Tom Giordano, Esq., Pond, Lehocky, Stern & Giordano

Does epilepsy keep you from working full time? Are Social Security Disability or SSI possible options? Learn about your rights to benefits under the complicated Social Security system.

#### WORKSHOPS A, B, C, AND D WILL BE REPEATED IN SESSION 2.

Workshops will remain in the same room for both sessions. Workshop E will remain in the same room for both sessions but the topic and speaker will change.

EFEPA does not provide or facilitate transportation for programs or events.

Spanish Translation can be arranged in advance.

There is no registration fee, however a donation to the foundation would be appreciated.

Vendor exhibits will be on-site from 8:30 am - 12:30 pm



# When responding, please include

- name
- phone number
- address
- how many will be attending the conference.

# **KEYNOTE**



Dr. Christopher T. Skidmore is an Assistant Professor of Neurology and a member of the Jefferson Comprehensive Epilepsy Center in the Department of Neurology at Thomas Jefferson University. He completed his medical school training at Saint Louis University

School of Medicine in St. Louis, MO and his residency and fellowship at the Cleveland Clinic Foundation in Cleveland, OH.

In addition to caring for patients with epilepsy, Dr. Skidmore is also the Director of the Neurology Residency program. He is committed to educating patients, families, students, and other doctors about epilepsy. Dr. Skidmore also presides over the EFEPA Professional Advisory Board.

# **EFEPA IS GOING GREEN!!**

As the world becomes electronic, EFEPA follows suit to save our trees and dollars. Our newsletters, educational programs and events are all listed on our website and facebook pages, while our USPS mail has decreased considerably. If we do not have your email address, or if it has changed recently, please let us know by emailing us at efepa@efepa.org. Please include your full name in your email and any contact information that has changed recently. You will receive emails about upcoming programs, events and updates about any important medical issues or concerns. Thanks for doing your share to keep America and our budget green!!



Please respond by Monday, Nov 7

(800) 887-7165 x102 (215) 629-5003 x102

Email: efepa@efepa.org

Register online at www.efepa.org

(215) 629-4997