



# Keys to Independence Checklist



## Vocational & Educational

Question	Yes	Got to work on this one
I have an email address that contains my name, not a nickname.		
I have a signature that I use for everything.		
If I can't get online at home, I know where I can use the Internet.		
If I have a question about handling my seizures at college, I know what office to contact.		
If I have a question about handling my seizures at work, I know who to contact.		
I could name 3 jobs I would want.		
I know the rules about having seizures and having a Driver's License.		
I can take a train, bus, or taxi to an appointment or meeting.		
I can name 3 skills I bring to a workplace.		
If I'm having trouble keeping up with my schoolwork or my work tasks, I know who I can call.		
I've talked with my doctor about my job's physical requirements.		