# **ABOUT US**

## Mission

The Epilepsy Foundation Eastern Pennsylvania's mission is to stop seizures and SUDEP, find a cure and overcome the challenges created by epilepsy. We choose to fulfill that mission through education, advocacy and research to accelerate ideas into therapies.

Contact us at: 215-629-5003 www.efepa.org | efepa@efepa.org

# UPCOMING EVENT

The Summer Stroll for Epilepsy Saturday, June 20th, 2015 Forbidden Drive, Chestnut Hill PA Join the EFEPA for a 5 mike walk to raise awareness and funds for epilepsy! Sign up as a team, individual or virtual walker today at www.summerstroll.org. Questions? Contact Alli Kowalski

at akowalski@efepa.org



919 Walnut Street, Suite 700 Philadelphia, PA 19107

# WOMEN'S AND MEN'S CONFERENCE

Presented by the Epilepsy Foundation Eastern Pennsylvania

Saturday, May 2nd 8:30 am - 12:30 pm

The HUB, United Plaza Building 30 S. 17th Street #1410 Philadelphia, PA 19103



This Program is Sponsored By:



by Cyberonics®

# AGENDA

Women's and Men's Conference Registration Opens at 8:30 am Light Refreshments & Vendor Exhibits

#### 9:00 am - 9:10 am Welcome & Introduction Learn more about the Epilepsy Foundation Eastern

Learn more about the Epilepsy Foundation Eastern Pennsylvania's services and mission.

#### 9:10 am - 9:40 am | General Session I "Genetics and Epilepsy"

Michael Sperling, MD Jefferson Comprehensive Epilepsy Center

An overview about the current research on genetics and epilepsy and the risks of transmission of epilepsy to offspring.

#### 9:40 am - 10:10 am | General Session II "Living with Epilepsy"

Sarah Schmitt, MD *Penn Epilepsy Center* An epilepsy diagnosis impacts more than simply your neurological health--learn more about the ways in which seizures can have an effect on different parts of life.

#### 10:10 am - 10:40 am | **General Session III** "Talking to your Doctor"

Carol DeLizzio, *Parent, EFEPA Board Member* Ever unsure how to ask questions of your doctor? Attend this session to gain insight into the patientphysician relationship.

### 10:40 am - 11:00 am: BREAK Opportunity to view Vendor Exhibits Refreshments

### Women's Track

#### 11:05 am - 11:45 am Hormones: Puberty to Menopause

Mercedes Jacobson, MD *Temple Epilepsy Center* What is the connection between hormones and epilepsy? How do they impact the different stages of a woman's life?

#### 11:50 am - 12:30 pm "Pregnancy and Epilepsy"

Joyce Liporace, MD *Great Valley Neurological Associates* Learn what you need to know before and during

pregnancy to keep your baby and yourself safe and healthy.

## Men's Track

# 11:05 am - 11:45 am

"Medication Side Effects"

Camilo Gutierrez, MD *Temple Epilepsy Center* There are often side effects and interactions from antiepileptic medications that you may not be aware of. Learn more about these and what you can do to help manage them.

## 11:50 am - 12:30 pm

### "Epilepsy and Men's Health"

Jennifer Tinker, PhD *Jefferson Comprehensive Epilepsy Center* 

Gain a greater understanding of the unique ways in which men are impacted by an epilepsy diagnosis.

# REGISTER

To register for the conference or to learn more, visit:

# http://tinyurl.com/wmepilepsy

Or contact Sue Livingston, 215-629-5003, slivingston@efepa.org

> Please inform the EFEPA if you require translation or special hearing accommodations.

# DIRECTIONS

## **Driving Directions**

- From 1-676 E, take the exit toward Ben Franklin Pkwy
- Continue straight onto Winter Street
- Make a slight right onto Ben Franklin Pkwy

• At the traffic circle, take the 1st exit onto N 19th Street

• Turn left onto Ludlow Street

• United Plaza will be on the Right. Parking is complimentary and offered in the parking garage in the Westin, directly across the street from United Plaza.

### **Public Transit Directions**

• From Suburban Station, walk West on JFK Blvd to S.17th Street

• Walk 1.5 blocks South, United Plaza is on the Right.

Travel Stipend is available. If interested inquire to efepa@efepa.org