



In 2016, the Epilepsy Foundation Eastern PA hosted the inaugural Young Adult Retreat at Camp Green Lane. The retreat weekend focused on addressing the unique needs of young adults with epilepsy through socialization, introduction to wellness techniques such as yoga & dance movement therapy, exploration of future planning and time to talk directly with medical professionals.

In 2017, we will once again host a weekend where young adults like you will have time to chat with friends who understand the challenges of being a Millennial with epilepsy. Doctors and nurses will join us to answer some of those tough questions there just isn't time for during office visits. We also have specialists who will connect you with dynamic stress-busting techniques.

Of course, there will be plenty of time for fun and relaxation in the beautiful woodsy-setting of Camp Green Lane. This exciting weekend will leave you feeling refreshed and energized!

The retreat is open to individuals 18-30 with a primary diagnosis of epilepsy. Due to our staffing capabilities, we ask that all participants be able to administer their medications and perform basic Activities of Daily Living independently, such as dressing and bathing. We will have 24-7 nursing care to address any emergencies.

Applications for the 2017 Young Adult Retreat are now available by going directly to app.campdoc.com/register/efep. We utilize a system called CampDoc. Here are a few tips to help you with the application process:

- **If you applied in 2016, CONGRATULATIONS! A profile already exists!** Log into app.campdoc.com/register/efep with the same email you used in 2016. If you did not save your password, you can reset it using the "Forgot your password" link. If you are not sure what email address you used, please contact me (ebeil@efepa.org, 215-629-5003) or the CampDoc support line ([734.636.1000](tel:734.636.1000), help@campdoc.com).
- Register for the Young Adult Retreat session and get started. Many of the questions now only require you to review and approve your answers from 2016. You will need to reenter some parts of the application. Please ensure that all information is up-to-date to allow for accurate review.
- **If you are a NEW PARTICIPANT, you will be creating a profile on CampDoc.com.** This profile will house your application and important medical information needed for the retreat. You are able to save your application if you need to take a break. All information entered is confidential. Please be sure to save your password!
- Add notifications@campdoc.com to your email contacts or to the "safe senders list" for your email browser. There will be periodic communications from this email address related to the status of your application.
- Once you register for the appropriate session (**Young Adult Retreat**), you will have access to the Health Profile section of your application. No applicant can be considered until this information is complete. To facilitate our timely review of your camper's application, please have all information entered no later than **April 20, 2017**.
- **DO NOT PURCHASE THE TRAVEL INSURANCE OFFERED!** We were unable to deactivate this feature of the site. Click **NO THANKS** to complete your registration without purchasing travel insurance. This is a third-party offer and the EFEP is unable to offer refunds for purchase of this insurance.
- If you are also applying to be a counselor for Camp Achieve, this application is open. Navigate to the "Registration" section, choose "Register for a New Session", and then choose "Camp Achieve Counselor". This will add the necessary questions to your profile so that you complete all the information needed for BOTH applications.
- Support for the CampDoc site is available via <http://campdoc.docnetwork.org/support/section/patient/> or by contacting the Help Desk at [734.636.1000](tel:734.636.1000) or at help@campdoc.com.

Please don't hesitate to email me at ebeil@efepa.org or call [215-629-5003](tel:215-629-5003) with any questions.

Elizabeth Beil

Camp, Transitions & Hispanic Services Coordinator