



In 2019, the Epilepsy Foundation Eastern PA will host our fourth Young Adult Wellness Weekend. The retreat weekend will focus on addressing the unique needs of young adults with epilepsy. You will have time to chat with friends who understand the challenges of being a Millennial with epilepsy. Doctors and nurses will join us to answer some of those tough questions there just aren't time for during office visits. We also have specialists who will connect you with dynamic stress-busting techniques,

Of course, there will be plenty of time for fun and relaxation in the beautiful woodsy-setting of Camp Green Lane. This exciting weekend will leave you feeling refreshed and energized!

The retreat is open to individuals 18-30 with a primary diagnosis of epilepsy. Due to our staffing capabilities, we ask that all participants be able to administer their medications and perform basic Activities of Daily Living independently, such as dressing and bathing. We will have 24-7 nursing care to address any emergencies.

Applications for the 2019 Young Adult Retreat are now available by going directly to app.campdoc.com/register/efep. We utilize a system called CampDoc. Here are a few tips to help you with the application process:

- **If you applied previously, CONGRATULATIONS! A profile already exists!** Log into app.campdoc.com/register/efep with the same email you used. If you did not save your password, you can reset it using the "Forgot your password" link. If you are not sure what email address you used, please contact Bintu Kabba (bkabba@efepa.org, 215-629-5003 ext.105) or the CampDoc support line ([734.636.1000](tel:734.636.1000), help@campdoc.com).
- Register for the YOUNG ADULT RETREAT session and get started. Many of the questions now only require you to review and approve your answers from 2018. You will need to re-enter some parts of the application. Please ensure that all information is up-to-date to allow for accurate review.
- **If you are a NEW PARTICIPANT, you will be creating a profile on CampDoc.com.** This profile will house your application and important medical information needed for the retreat. You are able to save your application if you need to take a break. All information entered is confidential. Please be sure to save your password!
- Add notifications@campdoc.com to your email contacts or to the "safe senders list" for your email browser. There will be periodic communications from this email address related to the status of your application.
- Once you register for the appropriate session (**Young Adult Retreat**), you will have access to the Health Profile section of your application. No applicant can be considered until this information is complete. To facilitate our timely review of your camper's application, please have all information entered no later than **April 15, 2019**.
- **DO NOT PURCHASE THE TRAVEL INSURANCE OFFERED!** We were unable to deactivate this feature of the site. Click **NO THANKS** to complete your registration without purchasing travel insurance. This is a third-party offer and the EFEPA is unable to offer refunds for purchase of this insurance.
- If you are also applying to be a counselor for Camp Achieve, this application is open. Navigate to the "Registration" section, choose "Register for a New Session", and then choose "CAMP ACHIEVE COUNSELOR". This will add the necessary questions to your profile so that you may complete all the information needed for BOTH applications.
- Support for the CampDoc site is available via <http://campdoc.docnetwork.org/support/section/patient/> or by contacting the Help Desk at [734.636.1000](tel:734.636.1000) or at help@campdoc.com.

Please don't hesitate to email Bintu Kabba at camp@efepa.org or call [215-629-5003](tel:215-629-5003) ext. 105 with any questions.