

Seizure Observation Record

Seizur	Name:					
Pre-Saizur	Date & Time					
Descripting events, activities	Seizure Length					
Post	Pre-Seizure Observation (Briefly list behaviors, triggering events, activities)					
Rigid/clenching	Conscious (yes/no/altered)					
Limp Fell down Fell down	Injuries (briefly describe)					
Whole body perking	Muscle Tone/Body Movements	Rigid/clenching				
Whole body perking		Limp				
Whole body perking		Fell down				
Whole body perking		Rocking				
Whole body perking		Wandering around				
Cl. arm jerking Cl. arm jerking Cl. leg je		Whole body jerking				
Random Movement Random Movement Billuish Confused Pale Random Movement Billuish Random Movement Pale Random Movement Pale Random Movement Pale Random Movement Pale Confused Pale Confused Pale Confused Pale Confused Pupils dilated Confused	Extremity Movements	(R) arm jerking				
Random Movement Random Movement Billuish Confused Pale Random Movement Billuish Random Movement Pale Random Movement Pale Random Movement Pale Random Movement Pale Confused Pale Confused Pale Confused Pale Confused Pupils dilated Confused		(L) arm jerking				
Random Movement Random Movement Billuish Confused Pale Random Movement Billuish Random Movement Pale Random Movement Pale Random Movement Pale Random Movement Pale Confused Pale Confused Pale Confused Pale Confused Pupils dilated Confused		(R) leg jerking				
Random Movement Random Movement Billuish Confused Pale Random Movement Billuish Random Movement Pale Random Movement Pale Random Movement Pale Random Movement Pale Confused Pale Confused Pale Confused Pale Confused Pupils dilated Confused		(L) leg jerking				
Pale Flushed Flushed		Random Movement				
Flushed Pupils dilated Flushed Flushed	_	Bluish				
Flushed Pupils dilated Flushed Flushed	Color	Pale				
Turned (R or L) Rolled up Staring or blinking (clarify) Closed Salivating Chewing Lip smacking Chewing Lip smacking Chewing)	Flushed				
Rolled up Staring or blinking (clarify) Closed Salivating Chewing Lip smacking Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused Confused		Pupils dilated				
Staring or blinking (clarify) Closed Salivating Chewing Lip smacking Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused		Turned (R or L)				
Staring or blinking (clarify) Closed Salivating Chewing Lip smacking Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused	≡yes	Rolled up				
Salivating Chewing Lip smacking Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused	В	Staring or blinking (clarify)				
Chewing Lip smacking Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused		Closed				
Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused	Mouth	Salivating				
Verbal Sounds (gagging, talking, throat clearing, etc.) Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused		Chewing				
Breathing (normal, labored, stopped, noisy, etc.) Incontinent (urine or feces) Confused		Lip smacking				
Incontinent (urine or feces) Confused Confused	Verbal Sounds (gagging, talking, throat clearing, etc.)					
Confused	Breathing (normal, labored, stopped, noisy, etc.)					
	Incontinent (urine or feces)					
Sleepy/tired	Post-Seizure Observation	Confused				
Headache Speech slurring Other Headache		Sleepy/tired				
Other Speech slurring Other		Headache				
Other Other		Speech slurring				
		Other				
Length to Orientation	Length to Orientation					
Parents Notified? (time of call)	Parents Notified? (time of call)					
EMS Called? (call time & arrival time)	EMS Called? (call time & arrival time)					
Observer's Name	Observer's Name					



TIPS FOR SEIZURE OBSERVATION AND RECORDING

When watching a seizure, try to note what happens before, during and after the event. Write down what happened as soon as you can. Include as much information as possible about the following areas:

BEHAVIOR BEFORE THE SEIZURE – what was person doing at time of event, change in mood or behavior hours or days before, 'warning' or 'aura' shortly before event

WHEN EVENT OCCURS - date, time

POSSIBLE TRIGGERS OR FACTORS THAT MAY MAKE EVENT MORE LIKELY TO OCCUR

- Time of day or month
- Menstruation, pregnancy, changes in contraception or other hormonal treatment
- Missed, late, or changes in medicines
- Irregular sleep patterns, not enough sleep, other sleep problems
- Irregular eating patterns, specific foods
- During or after exercise or hyperventilation (fast breathing)
- Alcohol or other drug use
- Emotional stress, worry, excitement
- Sounds, flashing lights, bright sunlight
- Other illnesses or infections

WHAT HAPPENS DURING THE EVENT

- Change in awareness, alertness, confusion
- Ability to talk and understand
- Changes in thinking, remembering, emotions, perceptions
- Sensations changes in seeing, hearing, smells, tastes, feelings
- Facial expression staring, twitching, eye blinking or rolling, drooling
- Changes in muscle tone body becomes stiff or limp
- Movements jerking or twitching movements, unable to move, body turning, falls
- Automatic or repeated movements lipsmacking, chewing, swallowing, picking at clothes, rubbing hands, tapping feet, dressing or undressing
- · Walking, wandering, running
- Changes in color of skin, sweating, breathing
- Loss of urine or bowel control

PART OF BODY INVOLVED – where symptom started, spread to other areas, side of body (right, left or both)

WHAT HAPPENS AFTER EVENT

- Response to voice or touch
- Awareness of name, place, time
- Memory for events
- Ability to talk or communicate
- Weakness or numbness
- Changes in mood or how person acts
- Tired, need to sleep

HOW LONG IT LASTED - length of aura, seizure, after-effects or postictal phase, how long before person returns to normal activity.

Adapted with permission from the Comprehensive Epilepsy Center, Beth Israel Deaconess Medical Center, Boston, Massachusetts, 2006.