

# Key Takeaways:

## "Session 1: Maximizing Safety and Independence at Home" From Webinar Series on Safety Devices for Epilepsy

*Advocating for preventative services in the home environment to address safety and accessibility concerns is the best way to utilize an Occupational Therapist when living with or caring for an individual with epilepsy.*

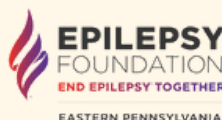
- Seek an Occupational Therapist who specializes in home accessibility and modifications through your local home health agencies or medical provider resources.
- A CAPS certification will indicate additional training in accessibility for any professional (OT, PT, contractor, etc.) and is a good idea to look for before making major investments in equipment or home remodels.
- Prioritize in-home safety and accessibility based on areas of greatest use and need. (i.e. Kitchen, bathroom, bedroom, entrances/exits).
- Select equipment based on person/environment fit. No equipment is one-size fits all and should be properly assessed for your specific needs before purchasing.
- Local resources for equipment include area agencies on aging, church and non-profit groups that have loan closets for medical equipment, disability advocacy groups and support groups will often have used equipment listings at reduced cost or for rent.

To obtain access to the recorded webinar,  
please visit: <https://tinyurl.com/maximizingsafety>  
or scan the code:



Organized by:

EquipMeOT  
Live Safely in Your Home



[ItsYourEpilepsy.com](https://www.ItsYourEpilepsy.com)

# Product Links

**Foam Edge Covers:**

<https://amzn.to/3sAaRVR>

**Dycem:**

<https://amzn.to/36PESIR>

**Cylindrical Foam:**

<https://amzn.to/3C56eq9>

**Vidalia Chop Wizard:**

<https://amzn.to/3hy0FHc>

**Silicone Rack Bumper:**

<https://amzn.to/3KdpXGG>

**Auto Shut off Tea Kettle:**

<https://amzn.to/3HCbMJV>

**Toaster Oven:**

<https://amzn.to/3KeMymx>

**Sleep-Safe Anti-Suffocation Pillow:**

<https://www.sleep-safe.co.uk/buy-now-usa/>

**Breathe-zy Anti-Suffocation Pillow:**

<https://breathe-zy.com/products/breathe-zy-anti-suffocation-pillow>

**Floor cushion:**

<https://amzn.to/35mNx5e>

**Wireless Bed Alarm System:**

<https://amzn.to/3Mh9BPu>

**Shock absorbing bathroom mat:**

<https://amzn.to/35j1b9F>

**Non-Slip Floor Stickers:**

<https://amzn.to/36LsTvQ>

**Shower Chair:**

<https://amzn.to/3vvEB8n>

**Shower Chair Bariatric:**

<https://amzn.to/3sB2GZv>

**Tub Bench (padded):**

<https://amzn.to/3vtZxN3>

**Stander Security Pole:**

<https://amzn.to/3pwZY5b>

**Keyless Door Locks:**

<https://amzn.to/3vyd0TO>

**Secondary Lock System (GlideLok):**

<https://amzn.to/3KasII7>

# Additional Links

**EquipMeOT:**

[EquipMeOT.com](http://EquipMeOT.com)

[YouTube.com/c/equipmeot](https://www.youtube.com/c/equipmeot)

**Epilepsy Foundation Eastern PA:**

<https://www.efepa.org/>

<https://tinyurl.com/EFEPAYoutube>

**ItsYourEpilepsy.com:**

<https://itsyourepilepsy.com/>

**The Brain Recovery Project:**

<https://www.brainrecoveryproject.org/>