

## Who We Are

The Epilepsy Foundation Eastern PA (EFEPA) is a 501 (c)(3) patient advocacy organization committed to supporting the non-medical needs of the 110,000 people affected by epilepsy and seizure disorders in eastern Pennsylvania.

## **Our Mission**

To stop seizures and SUDEP (Sudden Unexpected Death in Epilepsy), find a cure, and overcome the challenges created by epilepsy through efforts including education, advocacy, and research to accelerate ideas into therapy.

# **Epilepsy by the Numbers:**

1 in 26 will develop epilepsy

~150,000 new cases of epilepsy every year

3.4 million people and their families are affected by epilepsy in the US

Epilepsy recieves 10 times less funding than other brain disorders

Contact the EFEPA to join our *efforts*!

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# PROGRAMS & SERVICES

# SOCIALIZATION OPPORTUNITIES

### Seizure Recognition & First Aid Training

We are proud to train teachers, school personnel, nurses, and students on the signs and symptoms of seizures and proper first aid. We also educate first responders, law enforcement, businesses, and more. Together, we can create safe and welcoming communities for all! CEUs available.

#### **One-on-One Consultation Services**

Request guidance from our Resource Coordinators with Individualized Education Programs (IEPs), 504 Accommodations, Early Intervention Services, and Seizure Action Plans. Legal and medical referrals and long-term transportation planning are available.

## **Educational Conferences & Webinars**

Learn from local neurologists, medical professionals, and specialists about the latest epilepsy treatments, research, and updates.

### **Mental Health Programs**

PACES and HOBSCOTCH are useful self-management programs led by licensed health professionals that build coping skills and strategies to gain more control over your life with epilepsy.

#### **Camp Achieve**

Children ages 8-17 can participate in traditional, weeklong summer camp activities like swimming, rock climbing, and archery under 24/7 care of medical volunteers and trained counselors.

#### Retreats

The Young Adult Retreat and the Adult Wellness Weekend are getaways for adults 18+ to unwind, build skills, and share experiences.

### **Support Groups**

Find the monthly group that meets your needs! Whether you are a teen, adult, partner, or caregiver, we have a space for you. Give and receive support, access the latest information, and connect in person or virtually!

### **Community Events**

Participate in yearly fundraisers like the Mardi Gras Gala, the Charley Roach Golf Invitational, and the Walk to END EPILEPSY – Pennsylvania Series. Build community while raising awareness and funds!