

Hi there!

WE ARE HERE FOR YOU AS WE HAVE
BEEN FOR OVER *50 years!*

Where We Serve

18 counties in eastern PA with Resource Coordinators who live and work directly in their communities:

→ Berks	→ Lancaster	→ Philadelphia
→ Bucks	→ Lehigh	→ Pike
→ Carbon	→ Luzerne	→ Schuylkill
→ Chester	→ Monroe	→ Susquehanna
→ Delaware	→ Montgomery	→ Wayne
→ Lackawanna	→ Northampton	→ Wyoming

How we can help:

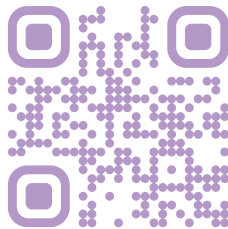
- Train your school, workplace, or community on the signs and symptoms of seizures and how to administer proper first aid.
- Work to create a Seizure Action Plan where you need it most.
- Meet one-on-one to discuss accommodations in the classroom or at work.
- Connect you to our monthly Support Group.
- Refer you to local medical and legal services.
- Answer questions!

Let's talk!

Contact us at
efepa@efepa.org or (215) 629-5003



No one SHOULD FEEL ALONE
IN THE FIGHT AGAINST SEIZURES.



Scan to
learn more!

(215) 629-5003
efepa@efepa.org



EPILEPSY
FOUNDATION®
EASTERN PENNSYLVANIA

WHEN THE DOCTOR'S APPOINTMENT
ENDS, OUR **BEGINS.**
WORK

About Us:

THE EPILEPSY FOUNDATION EASTERN PA
(*efepa*) is dedicated to supporting the ~110,000 people and families impacted by epilepsy in our 18-county service area.

Our Mission

Our mission is to stop seizures and SUDEP (Sudden Unexpected Death in Epilepsy), find a cure, and overcome the challenges created by epilepsy through efforts including education, advocacy, and research to accelerate ideas into therapies.

Support Groups

Find the monthly group that meets your needs! Whether you are a teen, adult, partner, or caregiver, we have a space for you. Give and receive support, access the latest information, and connect in person or virtually!

Community Events

Participate in yearly fundraisers like the Mardi Gras Gala, Charley Roach Golf Invitational, and Walk to END Epilepsy – Pennsylvania Series. Build community while also raising awareness and funds!

Educational Conferences & Webinars

Learn from neurologists, medical professionals, and specialists about the latest epilepsy treatments, research, and updates.

Mental Health Programs

PACES and HOBSCOTCH are self-management programs led by licensed health professionals that build coping skills and strategies to implement and live a happier, healthier life with epilepsy.

Camp Achieve

Children ages 8-17 can meet others and participate in traditional, weeklong summer camp activities like swimming, archery, and rock climbing under 24/7 care of medical volunteers and trained counselors.

Retreats

The Young Adult Retreat and Adult Wellness Weekend are getaways for adults 18 and over to unwind, build skills, and share experiences.

LEARN THE facts

- **1 in 26** people will be diagnosed with epilepsy in their lifetime.
- **1 in 10** people will have a seizure at some point in their life.
- Epilepsy affects over **3.4** million people in the US.
- Every year, **~150,000** new cases are diagnosed in the US.
- Epilepsy is **NOT** contagious.
- There is an **urgent** need for more research, better treatments, and a cure.



learn more at
EFEPA.ORG