



WHEN THE DOCTOR'S APPOINTMENT **ENDS,** OUR WORK **BEGINS.**

## Who We Are

The Epilepsy Foundation Eastern PA (EFEPA) is dedicated to supporting the ~110,000 people and families impacted by epilepsy and seizure disorders in our region. We empower and improve lives.

## Where We Serve

18 counties in eastern PA with Resource Coordinators who live and work directly in their communities:

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- |              |               |                |
|--------------|---------------|----------------|
| → Berks      | → Lancaster   | → Philadelphia |
| → Bucks      | → Lehigh      | → Pike         |
| → Carbon     | → Luzerne     | → Schuylkill   |
| → Chester    | → Monroe      | → Susquehanna  |
| → Delaware   | → Montgomery  | → Wayne        |
| → Lackawanna | → Northampton | → Wyoming      |

## Our Mission

To stop seizures and SUDEP (Sudden Unexpected Death in Epilepsy), find a cure, and overcome the challenges created by epilepsy through efforts including education, advocacy, and research to accelerate ideas into therapy.

*We are here for you and your loved ones.*

Learn how we can support you →

Contact the EFEPA to join our *family!*  
215.629.5003 • [www.efepa.org](http://www.efepa.org) • [efepa@efepa.org](mailto:efepa@efepa.org)  
919 Walnut St, Suite 700, Philadelphia, PA 19107



## PROGRAMS & SERVICES

### Seizure Recognition & First Aid Training

We are proud to train teachers, school personnel, nurses, and students on the signs and symptoms of seizures and proper first aid. We also educate first responders, law enforcement, businesses, and more. Together, we can create safe and welcoming communities for all! CEUs available.

### One-on-One Consultation Services

Request guidance from our Resource Coordinators with Individualized Education Programs (IEPs), 504 Accommodations, Early Intervention Services, and Seizure Action Plans. Legal and medical referrals and long-term transportation planning are available.

### Educational Conferences & Webinars

Learn from local neurologists, medical professionals, and specialists about the latest epilepsy treatments, research, and updates.

### Mental Health Programs

PACES, HOBSCOTCH, and CDSMP are all useful self-management programs led by licensed health professionals that build coping skills and strategies to gain more control over your life with epilepsy.

## SOCIALIZATION OPPORTUNITIES

### Camp Achieve

Children ages 8-17 can participate in traditional, weeklong summer camp activities like swimming, rock climbing, and archery under 24/7 care of medical volunteers and trained counselors.

### Retreats

The Young Adult Retreat and the Adult Wellness Weekend are getaways for adults 18+ to unwind, build skills, and share experiences.

### Support Groups

Find the monthly group that meets your needs! Whether you are a teen, adult, partner, or caregiver, we have a space for you. Give and receive support, access the latest information, and connect in person or virtually!

### Community Events

Participate in yearly fundraisers like the Mardi Gras Gala, the Charley Roach Golf Invitational, and the Walk to END EPILEPSY – Pennsylvania Series. Build community while raising awareness and funds!

LEARN MORE AT [EFEPA.org!](http://EFEPA.org!)

